

NUTRIENTS
FOR LIFE



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POUR LA VIE

Tamara began her career with Nutrient for Life Foundation Canada as an educational coordinator in 2014. Tamara travels across Atlantic Canada to help youth understand food production and sustainable agriculture by delivering lessons and providing hands-on activities to students. Tamara is currently the foundation's hub in the Maritimes and acts as a resource centre for teachers.



Tamara Sealy grew up in Northern New Brunswick on a family farm where she was exposed to agriculture early in her life. By the end of high school, Tamara knew she wanted to pursue a career in agriculture and attended Nova Scotia Agricultural College, now called Dalhousie University. She graduated from the two year Plant Science Technician program and began her career in a commercial greenhouse. Tamara also has experience working at Cavendish Agri Services as a Crop Scout for farmers in South-Eastern New Brunswick and at Co-op Atlantic as a procurement specialist, helping to supply farmers with their seed and crop protection to effectively run their business.

“*raise awareness about how Nutrients for Life is helping to educate students with great lessons and activities. With so many kids generations removed from the farm, it's crucial they understand the food production system from a hands-on experience.*”